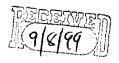
NOTIFICATION PURSUANT TO SECTION 6 OF DSHEA



In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of Spring Valley Magnesium with Chelated Zinc, Product #13623 bearing the statements set out below:

Weider Nutrition International., Inc. 2002 South 5070 West Salt Lake City, Utah 84104

The text of each structure function claim for **Magnesium & Zinc** is as follows:

(Statement 1)	Magnesium is an essential mineral and plays an important role in energy metabolism.
(Statement 2)	Zinc is essential for energy metabolism, proper growth, and normal reproductive development.
(Statement 3)	Zinc is a component of enzymes involved in most major metabolic pathways.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International., Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this d3 lasty of August, 1999.

WEIDER NUTRITION INTERNATIONAL, INC.

DR LUKE R BUCCI

Vice President of Research

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